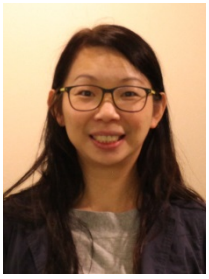
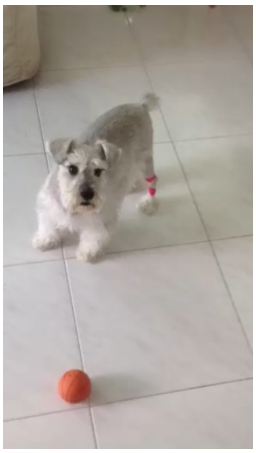
Additional Info on Kinesio® Canine Tape
"Why veterinarians use it and why dogs need it"



Veterinarians are enthusiastic about Canine Kinesio Tape, but it is really the dog owners who have seen it as a godsend. We have numerous informal comments and a couple of case reports recounting how quickly and effectively Canine Tape was used to address aches and pains in canine companions. It has gotten to the point that for many owners, tape is the first intervention for a limping dog.



A. Vicky Mo is a Certified Kinesio Taping Instructor (CKTI) in Hong Kong. As a Physical Therapist, her patient base is human but she understands the principles enough to try it on her elderly pet, Ming Ming. She reports two scenarios where Canine Kinesio Tape assisted in the little dog's quality of life. (Note: Vicky used human and equine tape with Ming Ming prior to the availability of Canine Kinesio Tape. She was among the proponents urging us to develop the Canine specific tape.) Now that the Canine Tape is available she always keeps some on hand for Ming Ming's overactive incidents.

Scenario 1: Ankle Sprain

Vicky reports, "Ming Ming sprained his left ankle after jumping up and down so frequently. His ankle was internally rotated at rest. He was in so much pain that he walked with three legs."

Vicky taped Ming Ming with mechanical correction, 75% tension (stretch) to fix his ankle towards external rotation.

She wasn't sure what to expect, but the results were impressive. "Ming Ming was fixed within 5 minutes and he was able to run afterwards. The taping application went on for almost half a year before no longer being needed. He was taped for 2 days and rest for 3 days during that half year."

Scenario 2: Muscle Weakness

In this case, Ming Ming's right gluteus muscle was weak resulting in a mild limping gait. He was unable to jump onto the sofa. Therefore, Vicky taped him with under active muscle correction, 35% tension, over the gluteus maximus. He was able to jump onto the sofa afterwards.

This taping application lasted for one month before weaning off the tape. Each time he was taped for 4-5 days, once a week.

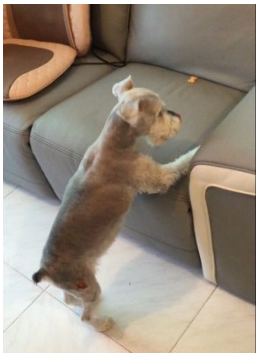
B. Leigh Tracy, COTA, CKTI, is based in Wisconsin. She participates in animal companion therapy, bringing her two canine associates to hospitals and nursing homes to calm and cheer patients with their positive attitudes and gentle natures.

In January, Leigh contacted us. "Cooper is my very loving and exuberant Cavalier King Charles Spaniel. He is always happy with his toothless smile and his grade 6 murmur. We rescued him from a deplorable puppy mill situation. His heart is full of gratitude and is always ready to love.

"One day he was not his normal self. He was very quiet, not eating, and limping. I kept a close eye on him the entire evening. When it was time for bed I noticed he would only lie in the big dog's super comfy bed on his right side. If I flipped him to his left he switched immediately over to his right. That gave me a good indication it was his left hip."

Leigh did a quick consult with her friend Vicky in Hong Kong. "She told me to put the Kinesio Tape on the dog without shaving it. Cooper's fur is not too thick. He just had a groom and we keep him short and tidy. It was ideal."

She anchored a "y" cut on the Biceps Femoris proximal to distal and another "y" a little bit lower. He was a bit wiggly but was a good sport about it. "Definitely more difficult than treating a human but the payoff of a warm kiss on the nose was all the payment I needed. He continued to lie in our Golden Retriever's large comfy bed and I covered him with a blanket for the night to keep that hip warm. He slept soundly all night."



When Leigh came downstairs to take them out and feed them at 5:30 am "he ran around the kitchen and up/ down the stairs! He could not do that the night before!! No limping and no indication of pain!" She got no pain response when palpating the left hip. "He went outside to go to the bathroom and was

able to squat quicker and with less pain noted by getting up more quickly from the squat. I was beyond thrilled. He ate his breakfast and went on with his day.

My husband works from home and kept a close eye on him. He stated that Cooper was his old self the entire day." She continued to tape him for several days, until he was mended. Now she keeps a roll or two of Canine Tape on hand for, well, whatever comes up.

Any questions please contact:

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